



New Groups Forming Now! www.soullife.us

Lighten Your Life Master Class

DR. LEEBY'S PSYCHOLOGICAL ROADMAP TO HEART HEALING

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JOIN SOUL LIFE FOR A 10 WEEK SERIES
IN CONSCIOUSLY AND COURAGEOUSLY
CONNECTING TO THE HEART THROUGH

- H HEALING OLD WOUNDS AND TRIGGERS
- E ENERGETICALLY SHIFTING AND RELEASING
- A AFFIRMING YOUR SOUL'S LIFE INTENTIONS
- R REFRAMING THE MIND'S PICTURES
- T THANKS+GIVING AS A NEW RECIPE FOR LIVING

THIS 10 WEEK JOURNEY MEETS EACH THURSDAY 10:00-12:30 PM
OPTIONAL MEDITATION CLASS MEETS 9:00-10:00 AM
BEGINNING JANUARY 14, 2021

THIS SELF DISCOVERY GROUP IS PROFESSIONALLY GUIDED
WITH AN EMPHASIS ON LIVING IN ALIGNMENT WITH YOUR TRUE SELF
AND THE PEACE YOUR HEART DESIRES

THE WORK IS STIMULATING FOR THE MIND,
GROUNDING FOR THE BODY AND NOURISHING TO THE SOUL.

DR. LEEBY DRAWS FROM ANCIENT WISDOM PRACTICES, ART THERAPY AND MODERN PSYCHOLOGY

THE SMALL GROUP FORMAT IS SUPPORTIVE, INTERACTIVE AND STRUCTURED TO INCLUDE JOURNALING, DEEP INQUIRY, SHARING,
CREATIVE EXPRESSION, MEDITATION,
AND UNIQUE SOUL CEREMONIES TO RELEASE OLD PATTERNS AND
TRANSFORM THOUGHTS, BEHAVIORS AND CONDITIONED EMOTIONAL RESPONSES.

THE FOCUS IS ON FREEING YOURSELF FROM A LIFE OF EXPECTATION AND LIMITATION AND
CONSCIOUSLY CHOOSING A LIFE OF PASSION, PURPOSE AND PRESENCE.

LABYRNTH MEDITATION FIELD TRIP
GUEST INSTRUCTORS WILL JOIN US FOR
MEDITATION
SOUND HEALING
ART
MOVEMENT
REIKI AND CRYSTAL HEALING

PRICE FOR 10 GROUP SESSIONS:
\$550

FACILITATED BY DR.CHEZ LEEBY, PH.D., LMFT

VISIT US AT WWW.SOULLIFE.US
OR DIRECT MESSAGE CHEZ
FOR REGISTRATION AND MORE INFORMATION

